



Maja Healing



Hello from
MAJA HEALING

Happy February!

We hope everyone's had a good start to the year. This month, we are inviting you to explore the relationships in your life, starting with the most important one - with yourself. How well do you know yourself? How well do you treat yourself? How much time do you give yourself?

To help dive deeper into our relationships with ourselves, we are pleased to offer an early bird rate for our Inner Masculine Feminine workshop, which will take place 12-13 February at Maja Healing Umalas. For those interested to dive in even deeper, the enrolment for the next HHH Course is now open. Read on for more information!

Connect with us



Latest News

HHH Course Enrolment Open

Enrolment is now open for the HHH March 2022 Course! This 4-month course is an immersive & transformative course combining psychology & the healing arts. For more info about the timetable, requirements, and enrolment process, please follow the link below.

[MORE INFO](#)

HOLISTIC HEALING HYPNOSIS



Early Bird Rate Available Inner Masculine Feminine Workshop

In this workshop, Kartika and Chris bring you the knowledge, exercises, tools, and hypnosis journeys to help you get to know and to understand your Masculine-Feminine energies. We're pleased to offer an Early bird rate of IDR 4.880.000 if you book before 5 February. Limited spaces available.

[BOOK NOW](#)

Introducing: Real Talk

Staying true to our ethos of Real People, Real Healing; we are so excited to introduce Real Talk! These intimate group support sessions would introduce and discuss a range of topics, including boundaries, relationships, self-care, etc. Sessions are available in English and Bahasa Indonesia. Join our IG Live this month to find out more, and check our calendar for this month's events!



Maja Healing

Real Talk

Maja Events

February 2022



INNER MASCULINE FEMININE WORKSHOP

WITH CHRIS & KARTIKA

09:00 - 17:00 MAJA
HEALING UMALAS



GROUP SOUND
HEALING WITH ANAIS

17:30 - 19:00 AT MAJA
HEALING UMALAS



IG LIVE WITH
KARTIKA: REAL
PEOPLE, REAL TALK
- THE MAJA
APPROACH

19:00 - 20:00 IG
@MAJAHEALING



GROUP SOUND
HEALING WITH ANAIS

17:30 - 19:00 AT MAJA
HEALING UMALAS



REAL TALK

WOMEN

ENGLISH INDONESIAN
WEDS 16 FEB THURS 24 FEB
18:30 @MAJA 19:00 VIA ZOOM

MEN

ENGLISH
THURS 10 FEB, 17:00



A balancing act



Check in with your inner Masculine and Feminine!

Whatever gender we are, or choose to identify with, we carry an internal masculine and an internal feminine energy. Some people might call these yin/yang, inner man/woman...whichever term we want to call them, this duality exists inside everyone. These forces are not just opposites; they are complementary. They do not cancel out each other, they merely balance each other.

Whether we are aware of this or not, every single part of our life is deeply influenced by our inner Masculine-Feminine energy. This includes our business, relationships, health, creative/sexual/life-force energy, behaviors/reactions, who we are attracted to, who we are repulsed by, our successes, failures, etc. When these two energies are in balance, we will feel a sense of inner calmness, joy, freedom & clarity.

How do we know whether or not our inner Masculine and Feminine are out of balance? Here are 5 simple check-in questions you could ask yourself:

- i. Do you struggle to create a healthy relationship with yourself?
- ii. Do you attract the same (unhealthy) types of people into your life?
- iii. Do you feel confused and/or trapped as to what is a healthy or unhealthy response to events in your life?
- iv. Do you recognise a negative pattern in your relationships?
- v. Do you feel burnt out repeatedly?

If you have answered "Yes" to most of these, then your inner Masculine and Feminine are likely unbalanced. You might feel a sense of overwhelm, chaos & depletion. Only upon making these energies conscious within yourself will you realize how they have been unconsciously steering your life.

Find out more about these powerful energies within yourself in our upcoming Inner Masculine Feminine Workshop with Kartika and Chris!

BOOK YOUR SPOT BEFORE 5 FEBRUARY TO GET THE EARLY BIRD RATE OF IDR 4,880,000/PERSON (IDR 5,880,000 AFTER).

[BOOK NOW](#)