



Maja Healing



Hello from
MAJA HEALING

We'd like to invite you to explore the body-mind connection this November. Most of the time, we don't realise how important it is to listen to our bodies, how they're trying to communicate to us.

Some of us carry repressed, deep, negative emotions in our bodies for many years. It's no wonder our bodies feel all the aches and pains, and also need to release all the pent-up emotions.

At Maja Healing, we know that re-aligning the physical into a whole is key in the healing journey of a balanced mind, body and spirit.

Connect with us



Latest News

How to Die Happy Podcast

If you found out you had five minutes left to live, what ten things would be on your list of regrets? Listen in to Kartika's chat with the crew of "How To Die Happy", exploring the concept of dying peacefully, how spirituality plays into our acceptance of mortality, and many things in between.

[LISTEN NOW](#)



OCT
28

How
To Die
Happy.

KARTIKA ALEXANDRA
Integrative hypnotherapist



HHH October Course is done!

The month-long, in-person portion of the HHH course has wrapped up! Congratulations to all the students who have successfully gone through this intensive month. They will be conducting their practice rounds very soon, so keep an eye out on our IG!

Meet Sabiye, the newest Maja Fam!

Join us in welcoming the newest Maja International Associate, Sabiye. Sabi is an HHH alumni who is based in Belgium and she offers her sessions in English and Dutch, both online and offline.

[READ MORE](#)



Maja Events

November 2021



GROUP SOUND HEALING WITH ANAIS

17:30 - 19:00 AT MAJA HEALING UMALAS



GROUP HYPNOSIS WITH NOVA - PRODUCTIVITY

18:00 - 19:00 AT GENESIS, TAMORA GALLERY CANGGU



INTRODUCTION TO KINESIOLOGY WITH AMANDA

17:00 @MAJA HEALING IG LIVE



Women's Circle

18

WOMEN'S CIRCLE IN ENGLISH WITH KARTIKA

18:00 - 19:00 VIA ZOOM

19

MOON & CACAO CIRCLE IN ENGLISH WITH BRYRE & CARLI

17:30 - 19:30 MAJA HEALING UMALAS

25

WOMEN'S SUPPORT GROUP INDONESIA WITH NOVA & LAURA

19:00 - 20:00 VIA ZOOM



MEDITATION CIRCLE WITH BRYRE

EVERY THURSDAY

17:30 - 18:15 MAJA HEALING UMALAS

4

11

18

25

Featured Services

Holistic Body Work

with Daisy

Daisy is an Indonesian holistic body therapist who uses her innate natural power and unique healing stone to work on the body. Through this, she will be able to read, recalibrate and work on your body & energy, helping clients remove blocks and release repressed emotions



[FIND OUT MORE](#)

Lymphatic Drainage Massage

with Gita

Lymphatic drainage massage is a form of gentle massage that encourages the movement of lymph fluids around the body. The fluid in the lymphatic system helps remove waste and toxins from the bodily tissues. Gita offers sessions at Maja Healing, as well as your own homes/villas.



[FIND OUT MORE](#)

Reflexology

with Pak Joe

Pak Joe is our Reflexology specialist. Reflexology is a type of massage that involves applying different amounts of pressure to the feet, hands, and ears. It's based on a theory that these body parts are connected to certain organs and body systems. Pak Joe practices at Maja Healing as well as your own homes/villas.



[FIND OUT MORE](#)